

Brewing isn't just for the bros... *Chicks can make beer too!*



BY NICOL JENKINS
Editor

The beer making business isn't just a man's world. Nowadays, women are also getting involved in brewing up new concoctions.

Kym Poon Werth, who is a Sales Manager for the Fort Lauderdale based Stephens Distributing is one of the Orlando Brewing's Babes to mix up a new brew perfect for the holidays--- Chocolate Mint Girl Stout.

"This is the first beer that I've brewed," said Kym, "Usually in the winter, even though we are in Florida, people like to get into the season by drinking darker, more flavorful beers. The Chocolate Mint Girl Stout is perfect for this time of the year."

Chocolate Mint Girl Stout was the first beer in Orlando Brewing's Babes' Brew Series, a line dedicated to women in the craft beer industry. First drafted and crafted by the ladies of Orlando Brewing in 2013, Girl Stout was the fastest moving beer in Orlando Brewing history... And for good reason – think of a liquid thin chocolate mint cookie.

The business has decided to triple this year's batch and distribute Girl Stout outside their tap-room to South Florida bars and restaurants.

Megan Cheek, Brewery Operations Manager and spearhead of the Babes' Brew Series, was thrilled to have the women on board. "It is important to get more ladies involved in the brewing process, because beer," says Cheek, "Beer is not just a man's drink anymore."

What's in the newly brewed Chocolate Mint Girl Stout? According to Kym, it was brewed with organic cocoa nibs and organic peppermint from Good Life to Go. The 6.5% ABV stout will boast a robust chocolate flavor and the perfect touch of mint. Cocoa nibs and peppermint were added during the brew's 60 minute boil alongside Nug-

get, Fuggles and Liberty hops.

"Orlando Brewing Company is one of the many breweries that we distribute for," said Kym, "They are the only USDA certified organic brewery south of Vermont and east of Colorado. They are also the first brewery to be declared "Fresh From Florida" by the Florida State Department of Agriculture."

Chocolate Mint Girl Stout can be sampled locally in Fort Lauderdale on draft at Riverside Market, Original Fat Cats, American Social, and Royal Pig Pub.

